



Barbara May
Foundation

Maternity Care Africa

ANNUAL REPORT 2017-2018

Providing *lifesaving maternal
healthcare* in Tanzania & Ethiopia



Barbara May Foundation Areas of Funding

- Dignity and Safety in Childbirth for African Women
- Medical Outreach
- Midwife Training
- Fistula Treatment
- Building and Operating Maternity Hospitals

Message from Michael Sharpe AO



When Barbara May Browning asked her family to give financial support for the good work her daughter, Valerie, and her grandson, Andrew, were doing in Africa, she may not have envisaged that a Foundation named in her honour, the Barbara May Foundation (BMF), would be contributing significantly to improving maternal healthcare outcomes on that continent. Many thousands of poor women now experience safe childbirth and maternal healthcare for free thanks to the organisations which are funded by BMF.

This year saw Valerie and Andrew complete their building and renovation programs in Arusha, Tanzania, and Bahir Dar and Mille in Ethiopia. The Foundation is now supporting the three hospitals in whole or in part. Subsequently, they will have an increased ability to service patients when they are all at full capacity.

We are grateful for the strong support Valerie and Andrew have from the local and regional health and government bodies, and the community, for improved maternal safety and outcomes in the regions in which they work. They accept the efficiency of BMF-funded hospitals and the hope they bring to pregnant women and their families, but also see the benefit of the local employment and ongoing training the hospitals and associated women's health programs provide.

Returning to Australia to live late in 2017, Dr Andrew Browning joined the Australian Barbara May team at the beginning of 2018. Accordingly, the Foundation's work funding the prevention of death and injury in childbirth will now be extended to support Andrew's ground-breaking work in fistula surgery, treatment, and research. This will be centred around the new hospital in Tanzania, and Andrew's role with the International Federation of Obstetricians and Gynaecologists (FIGO) as Co-Chair of the Expert Advisory Group for Fistula Training and Standardisation. Andrew will return to Africa approximately four times a year.

Our donations for the year ended 30 June 2018 were \$1.41M (\$1.18M in 2017). We are pleased with this outcome but will need to increase our efforts and income if we are to continue to successfully support the hospitals and programs in Africa. Our aim is to raise \$1.7M this year to ensure we can continue to underwrite their great work.

BMF is sincerely grateful for the support of the Sydney, South West Sydney, and Sydney South East Local Health Districts, Planet Wheeler Foundation, DAK Foundation, The Morris Family Foundation, Sonic Healthcare, Johnson & Johnson, Herbert Smith Freehills, PwC, Send Hope Not Flowers and all our wonderful donors and supporters who help us help the women of Africa. A special mention must also go to our extraordinary team of volunteer doctors and midwives who give their time so selflessly to go to Africa, work in our hospitals and continue the training of our in-country teams.

Many thanks to our Directors: Founders, Dr David Browning and Bishop George Browning; our Deputy Chairman, Dr Samantha Hargreaves; Treasurer, Tom Crawford; Maryanne Ayres and two new Directors, Matthew Pendleton and Julie Toma. Also, thank you to our General Manager, Jo Crowley.

In God we Trust

A handwritten signature in dark ink that reads "Michael".

Michael Sharpe AO
Chairman

Message from Dr Andrew Browning



Dear Friends,

This year, we saw a great deal of expansion through the projects that BMF supports. With your help, we continue to provide more women with life-changing and often life-saving medical help.

At the Barbara May Maternity Hospital, in Mille, Afar, Ethiopia, which was BMF's first maternity hospital, we saw the opening of a new extension. This extension now houses the clinic, pharmacy, and laboratory space, leaving space in the main building for inpatient care.

In Bahir Dar, Ethiopia, we opened the new Vision Maternity Care Hospital last year and have been steadily transitioning out of our old 'tin shed' hospital into this spacious new facility. As more and more women are coming to the hospital to deliver their babies, often more than 250 a month, we recruited new staff. Dr Birhanu and Negash are doing a fabulous job in leading the team. Work is expanding to support the surrounding nine health centres with training, equipment, and referrals. We are proud to report that there has not been a maternal death or fistula occurring in this unit, which is an incredible outcome for this part of the world. It is a great tribute to the high standards of our midwife and medical team.

In June 2018 we opened a new maternity hospital in Arusha, Tanzania, our largest project to date. It has 48 beds and capacity to help thousands of women each year. We have been blessed with a wonderful team on the ground and the Tanzanian health department is expecting great things from us. Similar to the Vision Maternity Care Hospital in Ethiopia, we hope to set the gold-standard with obstetric and fistula services, and midwife training for Tanzania.

Lastly, after living and working in Africa for the past 17 years, I have returned to Australia as BMF's Medical Director. However, I will continue to travel regularly to Africa to operate and teach fistula surgery. In early 2018, we partnered with the Lutheran church in South Sudan to open a fistula unit and operated on our first fistula patients there in May and June. Over the coming years, we will perform similar operations and continue the teaching program in Ethiopia, Uganda, and Tanzania.

We have tremendous staff on the ground in Ethiopia and Tanzania. They are on call around the clock to help thousands of women each year. None of this would be possible without the faithful support of our donors who are willing to help women they may never meet. For this, we are eternally grateful.

God bless,

Andrew

About the Barbara May Foundation

The primary focus of BMF-funded programs is the reduction of morbidity and mortality of mothers and their babies through safer pregnancies and childbirth. Family planning advice and education is also provided.

The majority of BMF-funded programs focus on women living in rural areas and among poorer communities. Services are provided to those in need regardless of race, religion, or financial capacity.

Extensive work is also undertaken to treat women suffering from existing obstetric fistula injuries (estimated to be approximately two million in Africa), female genital mutilation, and other maternal health complications. We also provide emergency obstetric care in all of our units.

Why Maternal Health?

- About **830** women die from pregnancy or childbirth-related complications around the world every day.
- The maternal mortality ratio in developing countries in 2015 was **239 per 100,000** live births versus 12 per 100,000 live births in developed countries.
- **99%** of maternal deaths occur in developing countries and more than half of these deaths occur in sub-Saharan Africa.
- For every death, another **30** women suffer from terrible birth-related injuries, including obstetric fistula.

Valerie Browning AM works through the Afar Pastoralist Development Association (APDA) in Mille, Afar, Ethiopia. Dr Andrew Browning works through Maternity Africa (MA), based in Arusha, Tanzania and Vision Maternity Care Hospital based in Bahir Dar, Ethiopia.

In addition, Andrew has become the United Nations' leading surgeon in fistula repair work, enabling many of the poorest women in the world to recover their physical health and social inclusion. He operates out of the three hospitals we've built and continue to fund. At the request of colleagues, Andrew travels as required to operate and teach in many other countries.

**Our
Mission**

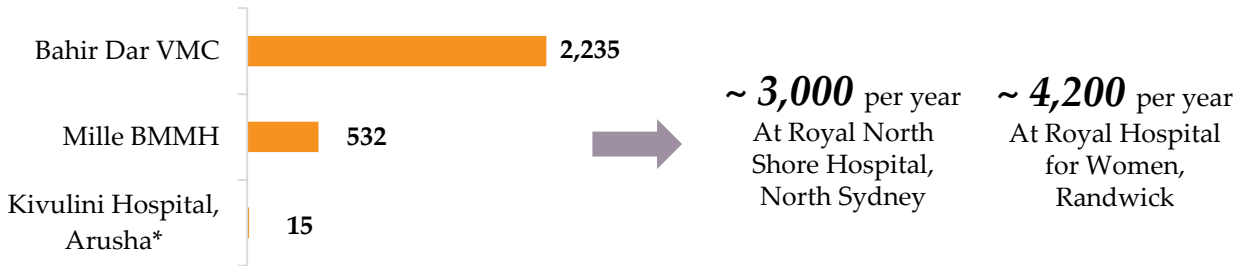
Providing **lifesaving maternal
healthcare** in Tanzania & Ethiopia

2018

Barbara May Foundation *Year in Review*

2,782 deliveries were performed this year at our three facilities...

...which is not far behind the average annual number of births in major hospitals in Sydney.



*Kivulini Hospital celebrated its grand opening on 9 June 2018. As such, it was only open for fifteen days in the financial year.

TOP MOMENTS OF 2018



Opening the Vision Maternity Care Hospital (Ethiopia)



Opening the new Kivulini Hospital (Tanzania)



Seeing Neema healed after lifesaving fistula surgery



Valerie's Rural Maternal Care Program reaching 10,000 women



Completed the upgrade of the Barbara May Maternity Hospital (Mille, Ethiopia)



Trained 100+ midwives



Upskilled 100+ doctors in fistula repair



Harriet had been pregnant eight times resulting in only one live child with her first pregnancy. Her following seven pregnancies resulted in a stillbirth close to term. Her husband and mother-in-law had been mistreating her because she was not able to produce another live child.

Harriet became pregnant for the ninth time and was fearful that it would end in yet another still birth. She was unwell throughout the pregnancy and was treated as an outpatient while we waited for the new Kivulini hospital to be completed. Her condition was deteriorating and she did not take her medicine while she was at home.

On the second day of Kivulini being opened, Harriet suffered a major complication and had powerful fits. She was rushed to the hospital and we were able to stabilise her and provide an emergency caesarean. Our new staff and team worked as one in the new operating theatre and Harriet safely delivered a beautiful baby boy.



Training

Midwife Training



Key Statistics

100+

Total Midwives
Trained

The strong and successful midwifery team at Vision Maternity Care Hospital has set a new benchmark for midwifery training in the Amhara region. VMC boasts unrivalled outcomes for women that are extraordinary throughout Ethiopia. Every month up to 12 second and third year student midwives come to VMC to do their clinical rotations. They spend time with antenatal in-patients and out-patients, delivery and post-natal patients and in family planning.

During their stay they receive additional classroom teaching, but more importantly, specialised hands-on clinical training from our team of 16 senior midwives. The students' hands-on training greatly increases their confidence and competence.

The young midwifery team at VMC has received world-class training and critical ongoing mentoring by both local and international medical experts, and internationally experienced senior midwives. More than 100 midwife students receive training and skills development at the VMC unit each year. VMC prides itself on continuing to monitor and mentor them as they progress through their careers.



VMC Midwives



Projects Supported in Africa



Barbara May Maternity Hospital (Mille, Afar, Ethiopia)

The Afar is the least developed region in Ethiopia. It is considered one of the harshest environments in the world where temperatures regularly exceed 50°. The tribal group (The Afar) living in the area are a proud and beautiful nomadic people.

Valerie has worked in the Horn of Africa since 1974, particularly the Danakil desert, sustaining an integrated program of education and health, as well as economic and environmental goals to thousands of largely nomadic people. Her work demonstrates the UN sustainable development goals in action. In 2010, the Foundation funded the building of the Barbara May Maternity Hospital in Mille providing access to free, safe, maternal health services to poor, remote, and nomadic women for the first time.

The Foundation also continues to fund a Rural Maternal & Women's Health Outreach program in that region. This year it saw more than **10,000** women, with many being referred to the hospital as required.

Vision Maternity Care Hospital (Bahir Dar, Ethiopia)

Bahir Dar is a city in northern Ethiopia and is the capital of the Amhara Region. Operated in partnership with the local Health Bureau, the purpose-built maternity hospital opened in 2017. The unit is known as one of the safest places to have a baby in Ethiopia with no maternal deaths recorded since it began operating out of a temporary facility in 2012. In addition, it provides antenatal and postnatal care, HIV screenings, and family planning advice. It is also a training centre for midwives and supervises nine surrounding health centres.

Kivulini Maternity Center - Maternity Africa (MA) (Arusha, Tanzania)

In 2011, Andrew and his team began providing free maternal healthcare at the Selian Lutheran Hospital in Arusha, Tanzania, as an interim step to building a new maternity hospital. That hospital, Kivulini, opened in June. Kivulini includes a 48-bed maternity centre, a midwife training school, and an obstetric fistula treatment unit. BMF will now continue to assist Maternity Africa to raise the funds required to operate Kivulini.

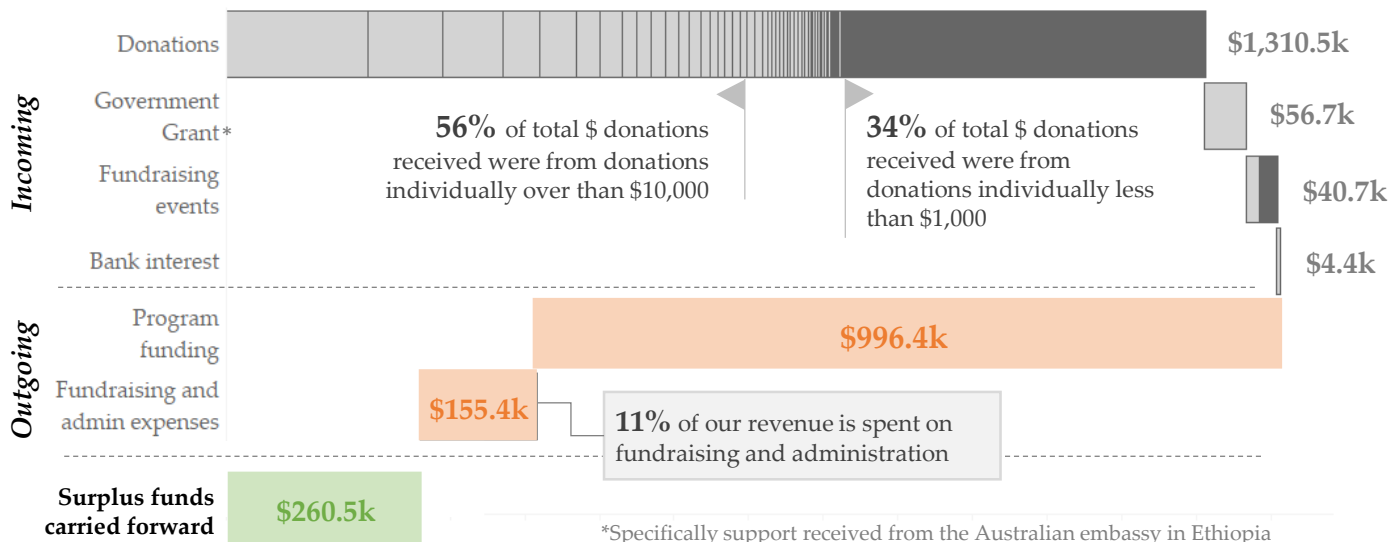


Valerie Browning AM teaching women in the grounds of the Barbara May Maternity Hospital



Financials*

► Total Incoming and Outgoing Resources | 2018



► Balance Sheet

	2018	2017
Cash and cash equivalents	\$ 1,026,432	\$ 762,464
Trade and other receivables	\$ 13,513	\$ 186
Prepayments	\$ 10,815	-
Total current assets	\$ 1,050,760	\$ 762,650
Total assets	\$ 1,050,760	\$ 762,650

► Liabilities

Trade and other payables	\$ 28,758	\$ 3,744
Total current liabilities	\$ 28,758	\$ 3,744
Provisions	\$ 2,602	-
Total non-current liabilities	\$ 2,602	-
Total liabilities	\$ 31,360	\$ 3,744
Net assets	\$ 1,019,400	\$ 758,906

► Equity

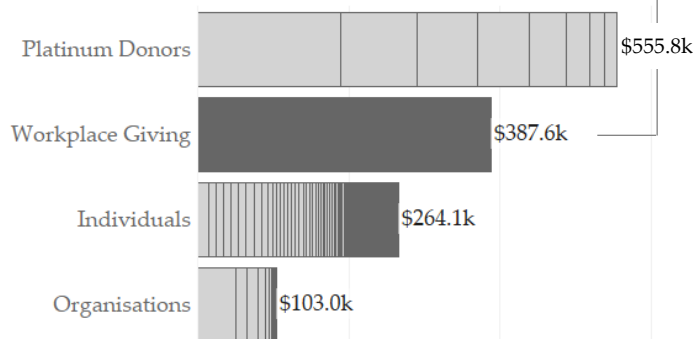
Retained surpluses	\$ 1,019,400	\$ 758,906
Total Equity	\$ 1,019,400	\$ 758,906

*A full version of our audited Annual Financial Statements for the year ended 30 June 2018 can be found on our website.



Financials (Continued)*

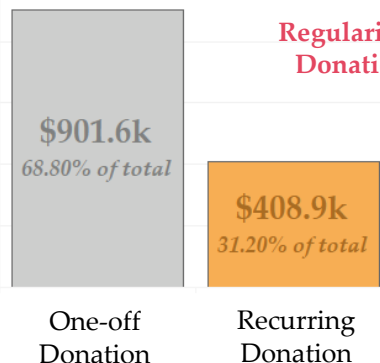
Sources of Donations



Workplace Giving

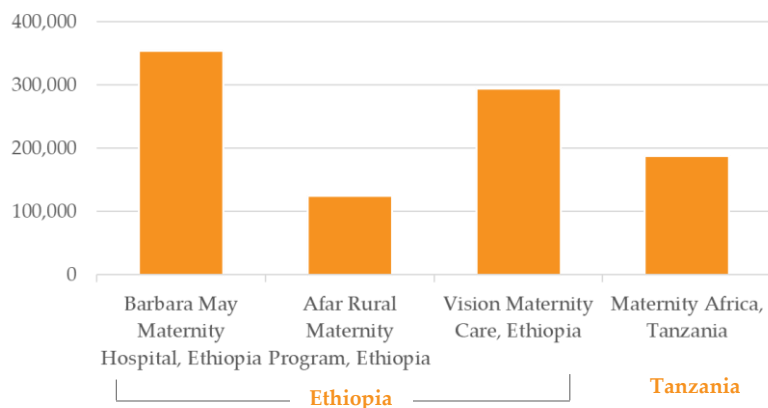
Employees from participating organisations can elect to have \$1 deducted from their pay each cycle to be donated to our Foundation. These individually small donations pooled together to be **27% of the total donations received.**

Regularity of Donations



Breakout of Program Funding

Program Expenditure by Project



*Dr Andrew Browning returned to Australia during FY18, and commenced as an employee of the Barbara May Foundation on 1 January 2018. Andrew's salary for the 2018 calendar year has been set at \$100,000 which has been kindly donated by the DAK Foundation. Dr Andrew spends approximately 70% of his time on medical supervision of the work the Barbara May Foundation supports in Africa – Dr Andrew's employment costs have therefore been apportioned as above.



Dr Andrew Browning performs the first fistula repair surgery at Kioulini Hospital, August 2018

Our Wish List

- 1 More OB-GYNs to volunteer in Ethiopia and Tanzania to provide cover and additional training.
- 2 A funding partner for our new hospital – Kivulini in Tanzania. AUD\$1.2M is required in additional annual funding to get the hospital to its full operating capacity.
- 3 A funding partner for Valerie's Rural Maternal Healthcare program that reaches the most remote and underserved women in the world. AUD\$120,000 is needed annually to keep this program going.

How Can You Help?

Donating to the Barbara May Foundation will allow us to support volunteer doctors and midwives, improve maternal health facilities, and provide vital medical supplies.

Donate

Any donations, whether great or small, are very much appreciated and will help us deliver care to the many women who need it. You can donate:

- Online: www.barbaramayfoundation.com
- By cheque or money order care of: The Barbara May Foundation, PO Box 2371 Bowral NSW 2576. Please include your contact details so we can issue a receipt
- By Direct Deposit: (Westpac) BSB: 032716 Account: 403741 (Please note you will need to contact us to advise of a Direct Debit transfer so we can issue you a tax deductible receipt.) You can email: jo.crowley@barbaramayfoundation.com

Volunteer

Volunteer midwives and obstetricians are needed in Ethiopia and Tanzania for one to three months on an ongoing basis. For more information about how you can help, visit:

barbaramayfoundation.com/ways-to-donate/volunteering

Other Ways to Support

There are many other ways to help BMF deliver lasting change in Tanzania and Ethiopia including: workplace giving, fundraising, bequest, and regular giving. To find out more, visit:

barbaramayfoundation.com/how-can-i-help

How Does My Donation Help



\$50 will pay for the transport of a woman to hospital



\$150 will pay for 65 delivery kits for local birth attendants in remote regions



\$200 will pay for a safe delivery in a hospital including pre & post-natal care



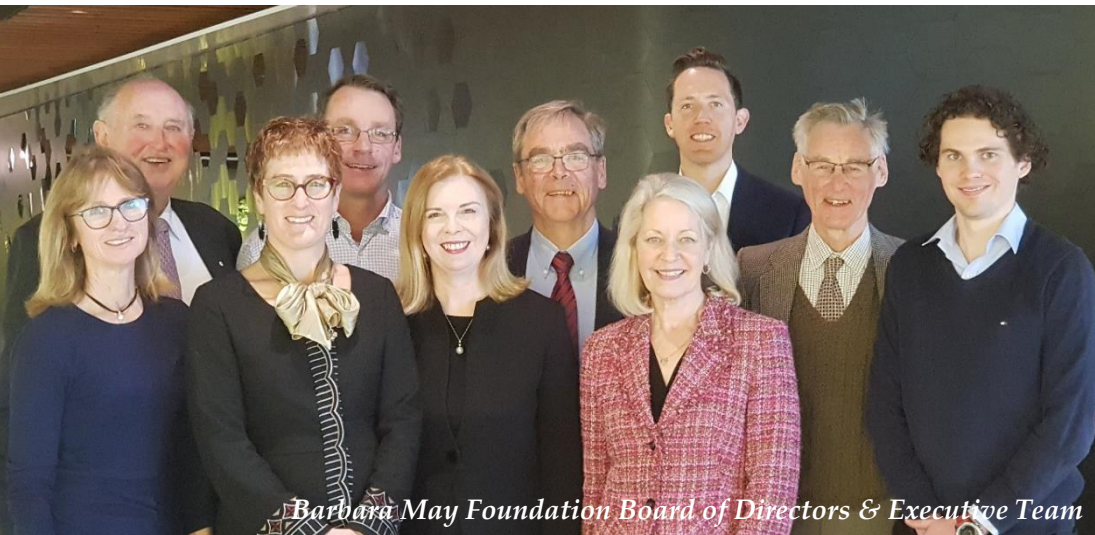
\$400 will pay for a life changing fistula operation



Our Board of Directors & Executive Team

Shown below from left to right:

- Maryanne Ayres, Board Member
- Michael Sharpe AO, Chairman
- Dr. Samantha Hargreaves, Deputy Chairman
- Dr Andrew Browning, Medical Director
- Julie Toma, Director
- George Browning, Founder & Director
- Jo Crowley, General Manager
- Tom Crawford, Director & Treasurer
- David Browning OAM, Founder & Director
- Matthew Pendleton, Director
- Valerie Browning AM, Founder



Barbara May Foundation Board of Directors & Executive Team



Valerie Browning

Thank you to all of our generous supporters and members. Through your help, we will continue to work together to deliver lasting change in Tanzania and Ethiopia.



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Thank you to Christina Yuan for supporting the Barbara May Foundation with designing our 2018 Annual Report

